



Diocese of  
Green Bay

## **Sample Theology of the Body Implementation for Teenagers in Religious Education Classrooms and Catholic School Classrooms**

Please refer to the Theology of the Body Grade Level Recommendations for what should be taught at each grade level. These can be found on the Diocesan website at [www.gbdioc.org/youth-ministry/resources](http://www.gbdioc.org/youth-ministry/resources).

1. **Theology of the Body Retreat** - Daylong or Overnight Retreat on Theology of the Body Topics/Purity/Chastity/Men and Women Sessions
  - Diocese of Phoenix has a Theology of the Body 4 Session Teaching titled “C.A.L.L.” which could be used for a Theology of the Body Retreat
  - The Diocese of Green Bay has recommended local speakers on this topic. Contact Maria in the Youth Ministry Office at 920.272.8285 or [mdemeuse@gbdioc.org](mailto:mdemeuse@gbdioc.org) for suggestions.
  
2. **Unit/Mini Series (4 weeks, 6 weeks, etc)**
  - Theology of the Body for Teens (Ascension Press) can be abbreviated to fit your desired units
  - Diocese of Phoenix (see above) has a four unit program that can be purchased.
  - The Diocesan Education Resource page has videos, worksheets, and powerpoints that can be used in your desired units ([www.gbdioc.org/youth-ministry/resources](http://www.gbdioc.org/youth-ministry/resources)).
  
3. **Ongoing Yearly Implementation** - Throughout the three or four year formation, each year highlights specific topics regarding the theology of the body. Ideally, the previous curriculum from the past year will be reviewed and expanded upon each year. This can take on many forms
  - For Example, a retreat may be offered one year, specific classroom units and/or speaker series the following years
  - Implementation might also include curriculum in the guidance, religion, science, and gym classes in the local Catholic schools
  - Units specific to morality, Old Testament (teaching of Genesis, for example), New Testament (teaching of Jesus’ references to “the beginning” and the body), Church history (Church’s teaching on the body throughout the generations), sacraments (Sacramental nature of the body), etc can all be avenues to teach a mini integrated lesson on the Theology of the Body