



## Sample Outline using Confirmation Curriculum

Quotes taken from the Sacrament of Confirmation Guidelines for the Diocese of Green Bay. This is not an exhaustive formation outline, but proves to be an outline for information that should be covered in the Confirmation preparation.

### Remote High School Confirmation Preparation: 6 Semesters

| Semester 1   | Semester 2  | Semester 3  | Semester 4  | Semester 5  | Semester 6  |
|--------------|-------------|-------------|-------------|-------------|-------------|
| Freshman     | Freshman    | Sophomore   | Sophomore   | Junior      | Junior      |
| 15- 17 hours | 15-17 hours | 15-17 hours | 15-17 hours | 15-17 hours | 15-17 hours |

### Immediate Confirmation Preparation



Separate Classes for Immediate Confirmation Preparation – A minimum of 12 hours. These 12 hours must be separate from their regular junior year classes.

Confirmation Day Long (Minimum of 6 hours) or overnight retreat

#### 1. Class One:

- “Be familiar with various forms of prayer in their life”
- “Understand that Baptism has established them in a relationship to Jesus that is best described as discipleship”
- Emphasize encountering Christ - read the Scripture stories such as the woman at the well, Zacchaeus, the rich young man, Mary Magdalene, Peter, etc. Capture the importance of that encounter and how they walked away changed. Has each student had an encounter with Christ? Where has God touched your life?
- “Describe the nature of discipleship in Jesus”
- “Demonstrate a disciple's ability to sustain and deepen their relationship to Jesus through prayer”
- Introduce praying with the saints intercession. The selection of the name one wishes to have bestowed at Confirmation is either his/her Baptismal name or any other Christian name.
- “Demonstrate an appreciation of the essential place that “full, conscious and active participation” in the Eucharist is to play in their ongoing life as a confirmed disciple of Jesus and member of the Church”
- Introduce Bishop’s Confirmation Guide

#### 2. Class Two:

- “Be familiar with various forms of prayer in their life”

- “Explain the role of the Spirit in the life of the Church and in the life of discipleship”
- Who is the Holy Spirit? Explain the Trinity. Where is the Holy Spirit manifested in the Scriptures?
- Read, understand, and discuss the Pentecost story and its “roots in the Paschal Mystery, and its relationship to the other Sacraments of Initiation; the effects of the Sacrament.”
- Discuss the role of a sponsor (just as the apostles needed the community at Pentecost, so too does the confirmation candidate need someone to support them)

### 3. Class Three:

- “Be familiar with various forms of prayer in their life”
- “Describe the nature and function of the gifts of the Spirit that are bestowed in a special way in Confirmation”
- How can the gifts manifest themselves in one’s own personal life?
- Highlight the patron which each student has picked as their Confirmation saint. Where in his/her life have you seen the manifestation of the gifts of the Holy Spirit?

### 4. Class Four:

- “Be familiar with various forms of prayer in their life”
- “Demonstrate a disciple’s willingness and ability to enter more fully into Jesus’ mission of proclaiming the Good news of God’s Reign through:
  - service to others
  - good example
  - prophetic witness
  - word”
- Explain these four components and how these are essential to living the life of a Christian
- Discuss virtue and sin in the context of living as a disciple of Christ.

### 5. Class Five:

- “Be familiar with various forms of prayer in their life”
- “Explain the historical significance of the symbols and ritual involved in the celebration of the Sacrament of Confirmation”
- “Explain the role religious imagination plays in the spiritual life and in the Church’s tradition of worship”
- Assignment: Write a letter to the Bishop. Come with the letter written for next class where corrections can be made if needed.

## **MAKE A DAY LONG/OVERNIGHT CONFIRMATION RETREAT**

### 6. Class Six:

- “Be familiar with various forms of prayer in their life”
- Review Bishop’s letter and make corrections where needed.
- How will the confirmation candidates live out their faith after Confirmation?
- Confirmation is not a graduation - it’s a time for the Holy Spirit to renew, inspire, and send you forth.
- Provide an opportunity to go to reconciliation