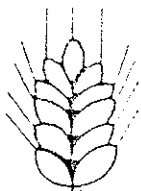


## **Role play (act out) going to the Sacrament of Reconciliation.**

- Two people take a sheet. One reads the part of the priest, the other reads the part of the Penitent (the person who is confessing).
- Read the page through. This is good practice for going to confession.

**Be sure to take home the sheet that says “The Sacrament of Reconciliation - “How to do it”. This will help you prepare at home.**



## ROLE PLAY - CONFESSION--RITE 1

**Priest:** Good morning . I'm glad to meet you.

**Penitent:** Good morning Father, I'm a little nervous about this since I've never come to the Sacrament of Reconciliation before.

**Priest:** There's no need to worry. I'll help you with anything you forget. The main thing we want to remember is that God is here present with us. Let's begin by making the Sign of the Cross together and taking the words very seriously. Listen now while I say this prayer:

Loving Father, you are with us. We trust in your mercy and beg you to open our minds and hearts to you truth and love.

**Priest:** What sins have you thought about sharing today? Share with me a couple things that you'd really like to improve on.

**Penitent:** - I've been fighting with my older brother just about everyday. He's always got the TV on the wrong channel.  
- I get lazy at home and don't do my chores and then my mom gets upset with me.  
- At school I find myself picking on this girl that sits next to me.

**Priest:** It's good that you are able to admit this. I agree with you, it is very difficult to like everyone, but Jesus reminds us in His Gospel "to treat others as we want to be treated." God knows we try very hard to obey all his commandments, but you mentioned that the one about obeying your mom gets really tough. Really, try to get to your chores right away. In fact, for your penance, I'd like you to start doing your chores before your Mom asks you to.

**Priest:** Now, I'll ask you to express your sorrow for all your sins by saying an Act of Contrition, either one you know, or one from your heart.

**Penitent:** My God I am sorry for my sins with all my heart. In choosing to do wrong and failing to do good, I have sinned against you whom I should love above all things. I firmly intend, with Your help, to do penance, to sin no more. Our savior Jesus Christ suffered and died for us. In his name, my God, have mercy. Amen

**Priest:** Now, I will lay my hands on your head and give you the Church's prayer of forgiveness called Absolution:

God, the Father of mercies, through the death and resurrection of his Son has reconciled the world to himself and sent the Holy Spirit among us for the forgiveness of sin; through the ministry of the Church may God give you pardon and peace, and I absolve you from your sins. In the name of the Father, and of the Son, and of the Holy Spirit.

**Penitent:** Amen.

**Priest:** The Lord has freed you from your sins. Go now and live in Christ's peace.

**Penitent:** Thank you Father. Good-bye.

Return to the pew and say a prayer of thanks to God for forgiveness. Pray your penance.

Adapted from Our Lady of Lourdes, DePere (SS. Boniface and Joseph)

prayer  
to learn →