Safe Environment

St. Raphael Church

Grade 6

**Objectives:**

1. Students will identify the big three rules for keeping their bodies safe.
2. Students will learn the value of modesty and how modesty helps to keep us safe.  (Be sure to stress that there is nothing you can ever do that makes you deserve to harmed. )
3. Students will discuss strategies for how to stay safe in regards to text messaging, facebook, instagram, twitter and other types of social media.

**Materials:** Prayer for Wisdom, Modesty agree/disagree questions, examples of text messaging etc that may be unsafe

**Centering:**

1. The catechist will greet students and take attendance.
2. Tell students tonight we will be learning about how God made us all in His image.  Because we are all made in the image of God, we deserve to be treated with respect. As we get older, we make more friends and meet more people.  We must be aware of all the ways we can make sure that we are living as God created us to live.
3. Hand out the prayer cards to each student so you can pray together.
4. Open with the prayer

Lord, Today I pray for wisdom. Let my works be for Your glory and may everything that I do, be a reflection of you so that people see your image in me.. In Jesus name, Amen!

**Sharing:**

1. Before you begin the discussion with your class it is important to set guidelines for the discussion and to have them posted on the board and /or a piece of chart paper.

**a.**    What is said in class stays in class unless it puts you or someone else in danger.

**b.**   There are no dumb questions.

**c.**    Respect others

**d.**   It is ok to feel embarrassed.

**e.**   When people feel embarrassed they sometimes laugh or make jokes, but it is important to stay serious to respect the ideas of others.

**f.**        You may not ask the catechist personal questions.

2)   Students will have a background on safe, unsafe, and unwanted touch.  Briefly list these on the board and the differences among them.

3)  Ask students what they should do when they experience unsafe/unwanted touch

**a.**    Stay stop

**b.**   Get away

**c.**    Tell a trusted adult

4) Tell students as we get older, the number of people we know expands.  It is like ripples in the pond.  (You may want to draw this on the board as example.)

5) Say that even though there is nothing we can ever do that would make us deserve to be harmed by anyone in anyway that we have to be aware as a Christian people the messages we send to others.

6) Ask if there is anyone in the media or who is famous who often gets a lot of attention for the way they dress or act.  What message does that send?

7) Tell students to stand.  Explain that you are going to ask them to stand if they agree and sit down if they disagree.

* I think Miley Cyrus is a good role model for young girls.
* God doesn’t care about they way we dress.
* We should focus on inner beauty and not outward appearance.
* It is ok to wear skimpy clothes to show your personality.
* I think most kids in my school dress modestly.
* It bothers me when people wear things that reveal a lot of skin.

8)  Point out that the way people dress definitely sends a message to the opposite sex---not just kids but also adults. Making sure all skin is covered is making sure that  the messages that you send cannot be misinterpreted.

9) As Christian people we need to ask ourselves:  What do my clothes and my appearance communicate about myself?  What message am I sending?

10) Ask students besides face to face at school, how to they communicate with friends and others they may know. (facebook, texting, instagram etc.)

11)Explain that the “e-verse” can be a dangerous place too, and we have to be aware of how to keep ourselves safe, and how the messages we send will either help protect us or may expose us to danger.

12) Discuss ways to keep yourself safe on the internet and through text messaging. Ask for students to give you suggestions.

13) If students have not shared them, list the following on the board

* Never post your personal information, such as a cell phone number, home number, home address, or your location on any social networking site or through mobile apps like Snapchat or Instagram.
* Never meet in person with anyone you first “met” on the internet. If someone asks to meet you, tell your parents or guardian right away. Some people may not be who they say they are.
* Check with your parents before you post pictures of yourself or others online. Do not post inappropriate pictures of anyone.
* . Never respond to mean or rude texts, messages, and e-mails. Delete any unwanted messages. You may need to delete friends who continuously bother you or post things that are not appropriate.
* NEVER share your password with anyone, including your best friend. The only people who should know your password are your parents or guardian.
* If you wouldn’t say something to another person’s face, don’t text it or post it online.
* Do not download or install software or anything on your computer or cell phone before checking with your parents or guardian.
* . Use the privacy settings of social networking sites.
* If anything makes you feel uncomfortable online, while gaming or when using your cell phone, talk with your parents or guardian right away.

**Acting**

1. If time allows, present the following scenarios to the students and discuss them in class, or have students discuss them in small groups and share out.
   * Cindy has been talking online to a girl named Julie for a few days now. Julie has told Cindy where she lives, how old she is, where she goes to school, and what she looks like. Julie asks Cindy what school she goes to.Is it okay for Cindy to tell her?(What else shouldn’t Cindy tell Julie?)
   * Michael is online talking to his friend from school, Chris.  They are working on their homework together and studying for a test. Chris says they should meet before class to review for the test. Is this okay?(Should Michael also ask a parent just to make sure?)
   * Jennifer is talking to a friend online when she gets a message saying there is trouble with her computer and she needs to type in her online password again. Should she do it?

(What should she do?)

* + Jake is talking to a friend online who he met on the Internet. The friend offers to help him finish his homework and asks for Jake’s phone number. Is it okay for Jake to give it to him, since it has to do with homework?(What should Jake do?)
  + Allison met Linda on the Internet and has been talking to Linda online for several months. Linda says she is the same age as Allison and lives nearby. Linda wants to meet Allison in the mall to go shopping. Should Allison go meet her?(What should she do?)
  + Jeff got an e-mail from someone he doesn’t know, with a file attached. Should he open it? (What should he do?)
  + Tina gets an online message from a woman who says her name is Mrs. Anderson and tells Tina that she is a math teacher. Mrs. Anderson wants to know what school Tina goes to and what her teacher’s name is. Should Tina tell her?(What should Tina do?)
  + Paul is online when he gets a message saying he won a free Xbox! He just needs to send in his address and phone number so it can be mailed to him. Should he give the information?(What should he do?)

# Prayer for Wisdom

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PraP

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