**Make the Sign of the Cross  
In the Name of the Father, and of the Son, and of the Holy Spirit. Amen.**

**Bless me Father, for I have sinned. This is my First Confession. (It has been 3 weeks since my last confession)**

**These are my sins:**

* **Haven’t loved God with my whole heart**
* **Naughty during Mass once**
* **Disobeyed my parents**
* **Fought with my brothers a lot**
* **Hated a girl at school who made fun of me**
* **Repeated bad words I heard my dad say**
* **Jealous of my sister**
* **Cheated on my math test because I was too lazy to study**
* **Took $3.00 from my mom’s purse without asking**
* **Lied to my teacher 2 times**
* **Made fun of my neighbor who talks funny**
* **Selfish and would not share my toys**
* **I got angry when my dad told me to turn off my video game and get ready for bed.**
* **For these sins and every way I have offended God, I truly am sorry for.**

**The Act of Contrition: O my God, I am heartily sorry for having offended You, and I detest all my sins, because I of Thy just punishments, but most of all because they offend Thee, my God, who art all good and deserving of all my love, I firmly resolve, with the help of Thy grace, to sin no more and to avoid the near occasions of sin. Amen.**

**The Priest will give you absolution:  
(Make the Sign of the Cross and say AMEN.)**

***Priest: Go now in Peace, your sins have been forgiven.  
Me: Thanks be to God. Thank you Father.***