**Past, Present, Future**

**Session I***Opening Act- Past*

**Gather Damascus Center 9:00-10:15**

* **Welcome and Introductions** 
  + Brittany will welcome everyone to the retreat. She will talk about how excited she is for the weekend. Brittany will introduce core team and Mike Casey. When Brittany introduces the groups to their leaders they should all sit together.
* **Worship** 
  + Mike will play 2 fun songs to get everyone singing and will teach the retreat song (How he Loves)
* **Rules**
  + We will play a rules video for the middle school youth. Jon will go over any other rules that they will need to follow.
* **Small Group Mad Lib-** yellow sheet
  + Small groups will introduce one another and share one thing that they are excited for on the retreat. Then they will need to fill out their mad lib and be prepared to share with the large group.
* **Reverse Pictionary** 
  + Brittany will run the game
  + One or 2 volunteers from each group need to come forward.
  + All but one volunteer will leave the room. The first volunteer will be given a word or phrase and will have 30 seconds to draw it. After 30 seconds, the second volunteer will come in and look at the picture, and will have 30 seconds to guess what the picture is. He or she will then (using a new piece of paper and discarding the original picture) write down the word or phrase that he or she is guessing. The next volunteer will come in, look at the word or phrase, and then draw a new picture. The volunteers will go back and forth drawing and guessing. The final volunteer will need to guess what the original word or phrase was, based on the picture he or she is now looking at. Be sure that the easel is facing the audience so they can see what is happening (but make sure they don’t shout out the answer or help out in any way).

**Proclaim Damascus Center 10:15-10:30**

* **Past Teaching**
  + *Brittany* will give this teaching.
  + Back to the beginning
  + Our Past
  + Jesus Christ heals our Past
* **Witness**
  + *Amanda* will give a witness about Christ’s healing power.

**Break Small Group Rooms 10:30- 11:30**

* **Small Group Questions**
  + Have a group member open up in a brief prayer.
  + Why are you on this retreat this weekend?
  + How strong is your faith right now on a scale of 1-10. Be honest. What do you think that you need to work on in your relationship with Jesus?
  + If you had to use 3 words to describe Jesus what words would you use and why?
  + Why is the Sacrament of Reconciliation important? What can you do to make this sacrament a bigger part of your life?
  + Who are the important people who have inspired your faith? Why were they important?
  + How can the past help us grow into better disciples?
  + Why is important to remember how and why God created us? Is it ever difficult for you to see yourself as created in God’s image? Why?
  + What can we do to remember that God created us to be good and in his image & likeness? How can we help other people remember this as well?
  + You will have a chance to go to Reconciliation on Monday at EDGE. Will you go? Are you excited? Why?

**Send Damascus Center 11:30-12:00**

* **Give your life to Christ** 
  + We will play No Turning Back by Chris Tomlin and Jon will challenge the middle school youth to take a stand for their faith. Jesus is calling everyone to follow Him. When you feel ready to give your life to Christ come forward and touch a cross.

**Lunch 12:00-12:30**

* **Subway- Chips and Subs**

**Session II-Trading Up**

**Gather Damascus Center 12:30-1:00**

* **Treasure Hunt** 
  + Middle school students will need to find the key to unlock the treasure chest.
  + Gather all of the youth into the main meeting space and explain that before the next session, they have a challenge. Explain that they have probably noticed that there is a large treasure chest in the front of the room. The only problem is that the key is missing. Instruct the middle school students that they will need to complete several tasks in small groups in order to find the key.
  + Set up several stations around the area of the retreat and give small group leaders a riddle that their small group will need to solve in order to get to each. At each station have a small index card with the number of the station and the small group leader’s name written on it. They will need to take their card before moving onto the next location. Once a group has all of their cards, they will return to the main meeting room. The Core Member leading that group will let the youth minister know they arrived first (the youth minister will not be in the main room). Have a prize for the first group to complete the tasks.

**Proclaim Damascus Center 1:00-2:05**

* **Present Teaching** 
  + *Taylor* will give this teaching
  + What now?
  + A friendship with Christ
  + Choosing Jesus Everyday
* **Journaling –Purple sheets**
  + Each middle school youth will receive a hand out and will have time to journal.
* **Adoration – Fr. Brunner**
  + We will have a time of adoration. Silence and praise and worship. Benediction and Divine Praises.

**Break 2:05-2:45**

* **Small Groups Questions**
  + Have a group member open up in a brief prayer.
  + How are you doing so far on this retreat?
  + Do you think it is easy or difficult for people to see themselves as Christ sees them? Why?
  + What was Eucharistic Adoration like for you? Did anything stand out to you from the handout? What was it?
  + Why is it important for us to respond to a relationship with Jesus every day?
  + What are ways that we can love Jesus daily?
  + What changes do you need to make in your life in order to follow Christ? How can you see yourself as Christ sees you?

**Break- 30 Minutes**

**Fun and Games 3:15-4:15**

Catch Phrase, Wii Games, Snacks

**Men and Women Sessions 3**

**Gather Mini Gym 4:15-4:30**

* **Push Up Cookie Dynamic**
  + Nathan Miller will do push-ups for everyone whether or not they would like a cookie.

**Proclaim Mini Gym 4:30-4:45**

* **Man Talk**
  + *Jon, Taylor, Adam, Will, Nathan, and Quinten* will give brief talks.

**Break Mini Gym Rooms 4:45-5:15**

* **Small Group Leaders will lead a brief small group session**
  + What were you thinking during Nathan’s push-ups? How did that make you feel?
  + How can you be a better man of God?
  + Have you ever thought about what vocation God is calling you to? Single Life? Priesthood? Husband and Dad? Are you open to God’s plan for you?
  + If God is calling you to be a priest… how would you respond?
  + How can we as men treat our fellow men better? Why is that important?

**Send Mini Gym 5:15-5:30**

* **Vocation Prayer** 
  + Jon will invite all those who are open to God’s call to priesthood to stand come forward to be prayed over.
  + Jon will invite all those who are open to God’s call to marriage to come forward and be prayed over.
  + Single Life

**Gather Basement 4:15-4:30**

* **Bible Arts and Crafts** 
  + Brittany will lead this dynamic.

**Proclaim Damascus Center 4:30-4:45**

* **Talk**
  + *Girls* will talk about how to be a woman of God and will talk about vocations.

**Break Small Group Rooms 4:45-5:15**

* **Small Group Questions** 
  + How can you be a better woman of God?
  + Have you ever thought about what vocation God is calling you to? Single Life? Religious Life? Wife & Mother? Are you Open to God’s Plan for you?
  + If God is calling you to religious life how would you respond?
  + How can we as women treat our fellow women better? Why is that important?
  + What can you do to see yourself more as God sees you?

**Send Damascus Center 5:15-5:30**

* **Vocation Prayer** 
  + Brittany will invite all those who are open to God’s call to religious life to stand come forward to be prayed over.
  + Brittany will invite all those who are open to God’s call to marriage to come forward and be prayed over.
  + Single Life

**Dinner 5:30-6:30**

**Bible Study- Jon and Lectio Divina**(pink sheet) **6:30-7:30 PM**

**Praise and Worship 7:30-8:00 PM**

**Movie 8:00-10:00 PM**

**10:00 PM-12:00 AM Dodge ball, Free time and games**

**Breakfast-** Big Apple Bagel **8:30 AM**

**Session 4**

**Gather Damascus Center 9:15-10:15**

* **Praise and Worship** 
  + Mike will wake everyone up with some jams and praise and worship
* **Morning Prayer** 
  + Someone will lead morning prayer
* **Movie Trailer Skits** 
  + Each group will get a card with a description of a movie on it. They will come up with a 1-minute preview for the movie and present it to the large group.

**Proclaim Damascus Center 10:15-10:30**

* **Future Teaching**
  + *Taylor* will give this teaching
  + What comes next
  + Final Stop: Heaven
* **Witness about an inspiring Saint**
  + *Patty* will give this witness & explain the importance of Saints

**Break Small Group Rooms 10:30-11:30**

* **Small Group Questions**
  + Have a group member open up in a brief prayer.
  + As a group summarize a few key points from the talk.
  + What do you think Heaven will be like?
  + How often do you think about what God has planned for you?
  + What are some of your hopes for the future?
  + Are there things you put your hope in instead of Christ? What are they? How can you place your hope more fully in Christ?
  + Do you think most people think about going to heaven on a daily basis? Why or why not? Why is it important to remember that we want to go to heaven?
  + How will you live your life differently after this retreat? What changes do you need to make to live as a saint?
* **Sainthood Commitment- Blue sheets**
  + Pass out the handout titled “Striving for Heaven” to everyone with a pen
  + Take several minutes to have everyone fill it out
  + When everyone in the group is finished go around the group & share answers.

**Send Church 11:30-12:00**

* **Praise and Worship**
  + Jon will explain that we need to put our hope in Christ who holds our future in His hands. Where do we find Christ? Here in the Church every time that we enter.
  + We will adore Christ in the Tabernacle and Mike will lead us in some praise and worship

**Lunch – Dominos 12:00-1:00 PM**

**1:00-1:30 Silent Scripture and Journal Time -Church**

**Session 5**

**Gather Damascus Center 1:30-2:00**

* **Final Praise and Worship** 
  + Mike will close with a song and the retreat song.
* **Mass Choas –in envelopes & red handout**
  + Brittany will lead this game
  + Each group will get an envelope with 28 mass parts to put in order
  + Each group will get as many chances as needed to get the mass parts in order
  + Laura, Quinten, & Alex will check to see if teams have the right order
  + The first team that gets them in the correct order will win a prize

**Proclaim Damascus Center 2:00-2:30**

* **Mass Talk**
  + *Jon* will give a talk about the importance of Mass and what a gift it is that we get to celebrate it every day as Catholics.
* **Mass Witness** 
  + *Will* shall give a witness about walking to Mass in a Blizzard so that he could celebrate the greatest gift on earth.

**Break Small Group Rooms 2:30-4:00**

* **Small Group Discussion** 
  + Have someone open the group with prayer
  + How is everyone’s weekend so far?
  + Do you feel closer to God so far during this retreat? Why or why not?
  + Is it easy or difficult for you to pay attention during Mass? What can you do to engage more fully in worship every Sunday at Mass?
  + How can you make sure that you go to Mass every single Sunday?
  + Do you have any friends that you know need to go to mass? How can you get them to join you?
  + How would you explain Mass to a stranger? To a friend?
  + What is your favorite memory of a Mass in your life?
  + Jesus is truly present in the Eucharist. Does that make you want to go to Mass more often?
* **Prayer Circle** 
  + Have one person sit in the middle of the circle at a time and share what they need prayer for. Then have everyone in the circle briefly say a prayer over them. Make sure everyone gets a turn.
* **Affirmation Circle** 
  + Same style as the prayer circle. This time one person will sit in the middle and everyone will have a chance to affirm them.

**4:00- Pack up and clean up the LifeTeen House**

**Put EVERYTHING in the Social hall before Mass**

**4:30 PM- Head over to Church for Mass**