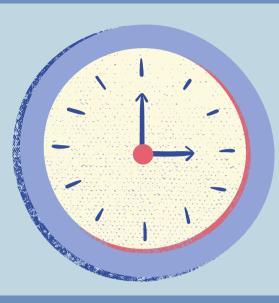
# TIPS FOR SETTING BOUNDARIES

in your ministry



## COMMUNICATE WORKING DAYS/HOURS

Post on website, in e-mail signatures, voicemail greetings, newsletters.

#### **KEEP A PAPER TRAIL**

Refuse to accept cash unless in a clearly marked envelope. Keep receipts for all purchases and if possible use parish credit card or account. Minimize use of personal funds.



#### **TRACK YOUR HOURS**

Use your phone, calendar or an app, but accurately include ALL hours, including hours spent on lock-ins, mission trips, professional development, etc.

#### **USE TECH WISELY**

Consider leaving laptop at work, using "out of office" replies on weekends, days off, block days off from calendar.





#### **PRIORITIZE FAMILY**

They need you to be present and available. If you live this out consistently, your family life will thrive. That means putting them first, right behind God himself.

Reading Recommendation:

### BOUNDARIES

By Dr. Henry Cloud & Dr. John Townsend