**7 Steps in the Rite of Penance**

1. Priest Welcomes you

2. Sign of the Cross

3. “Bless me Father, I have sinned. It has been (how long) since my last confession –or-   
This is my first confession.

4. These are my sins \_\_\_\_\_\_\_.

5. Priest gives Penance

6. Pray the Act of Contrition and Receive Absolution

7. Dismissal: Your sins are forgiven,

Go in Peace

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