**What is a**

**SACRAMENT?**

A Sacrament is a  
1. An Outward Sign  
2. Given by Jesus  
3. To give us Grace

**There are 7 Sacraments**

Baptism, Eucharist, Confirmation, Penance, Anointing of the Sick, Marriage, Holy Orders

**There are 3 Kinds of Sacraments  
1. Initiation- Baptism, Eucharist, Confirmation**Becoming a member of God’s family, the Church

**2. Healing- Penance & Anointing of the Sick**Christ heals us from our sins and gives strength to suffer in sickness

**3. Service- Marriage & Holy Orders**These 2 Sacraments are at the service of our families and to all of God’s people

The

7

Sacraments