

# Confirmation Guide

## Liturgical Year

### Advent

Christmas Time  
Ordinary Time

Lent

Triduum

Easter Time

Ordinary Time

## Holy Days of Obligation

Solemnity of Mary, Mother of God  
(Jan. 1)

Ascension (40 days after Easter)

Assumption of Mary (August 15)

All Saints Day (November 1)

Immaculate Conception (December 8)  
Christmas (December 25)

## Twelve Apostles

- |           |                     |
|-----------|---------------------|
| 1. Peter  | 7. Bartholomew      |
| 2. Andrew | 8. Matthew          |
| 3. James  | 9. James the Lesser |
| 4. John   | 10. Jude            |
| 5. Philip | 11. Simon           |
| 6. Thomas | 12. Judas           |

## Stations of the Cross

1. Jesus is condemned to death.
2. Jesus takes up his cross.
3. Jesus falls for the first time.
4. Jesus meets his mother.
5. Simon helps Jesus carry the cross.
6. Veronica wipes the face of Jesus.
7. Jesus falls for the second time.

8. Jesus meets the women of Jerusalem.

9. Jesus falls for the third time.

10. Jesus is stripped of his garments.

11. Jesus is nailed to the cross.

12. Jesus dies on the cross.

13. Jesus is taken down from the cross.

14. Jesus is laid in the tomb.

## Parts of the Mass

Introductory Rites: Entrance Song,  
Greeting, Penitential Act, Gloria,  
Collect

Liturgy of the Word: First Reading,  
Responsorial Psalm, Second Reading,  
Gospel Acclamation, Gospel, Homily,  
Profession of Faith, Prayer of the  
Faithful or Universal Prayer

Liturgy of the Eucharist: Preparation  
of the Altar and the Gifts, Prayer over  
the Offerings, Preface, Eucharistic  
Prayer, Memorial Acclamation/Great  
Amen

Communion Rite: Lord's Prayer, Rite  
of Peace, Fraction of the Bread, Lamb  
of God, Communion, Song of Praise  
Prayer after Communion

Concluding Rites: Blessing, Dismissal

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*Bishop Ricken may ask the students to recite the following prayers/teachings on their Confirmation day. Please study (understand their role within the Catholic Faith) and commit to memory.*

## Fruit of the Holy Spirit

Charity  
Joy  
Peace  
Patience  
Kindness  
Goodness  
Generosity  
Gentleness  
Faithfulness  
Modesty  
Self-Control  
Chastity

## Four Marks of the Catholic Church

One Holy Catholic Apostolic

## Corporal Works of Mercy

Feed the hungry  
Give drink to the thirsty  
Shelter the homeless  
Clothe the naked  
Care for the sick  
Help the imprisoned  
Bury the dead

## Gifts of the Holy Spirit

Wisdom  
Knowledge  
Understanding  
Counsel  
Fortitude  
Piety  
Fear of the Lord

## Spiritual Works of Mercy

Instruct the ignorant  
Counsel the doubtful  
Comfort the sorrowful  
Bear wrongs patiently  
Forgive injuries  
Admonish the sinner  
Pray for the living and the dead

## Theological Virtues

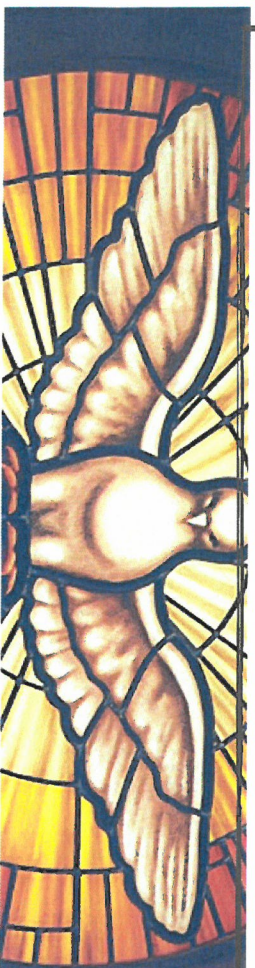
Faith  
Hope  
Love

## Seven Sacraments

Sacraments of Initiation:  
Baptism, Confirmation, Eucharist  
Sacraments of Vocation:  
Matrimony, Holy Orders

## Cardinal Virtues

Prudence  
Temperance  
Justice  
Fortitude





# Confirmation Guide

## Beatitudes

1. Blessed are the poor in spirit, for the kingdom of heaven is theirs.
2. Blessed are they who mourn, for they will be comforted.
3. Blessed are the meek, for they will inherit the earth.
4. Blessed are they who hunger and thirst for the righteousness, for they will be satisfied.
5. Blessed are the merciful, for they will be shown mercy.
6. Blessed are the clean of heart, for they will see God.
7. Blessed are the peacemakers, for they will be called children of God.
8. Blessed are they who are persecuted for the sake of righteousness, for the kingdom of heaven is theirs.

## Capital Sins:

- Pride
- Avarice (Greed)
- Envy
- Wrath (Anger)
- Lust
- Gluttony
- Sloth (Laziness)

## Virtues:

- Humility
- Generosity
- Charity
- Meekness
- Chastity
- Moderation
- Zeal

## Ten Commandments

1. I am the Lord your God: you shall not have strange gods before me.
2. You shall not take the name of the Lord your God in vain.
3. Remember to keep the Lord's Day.
4. Honor your father and your mother.
5. You shall not kill.
6. You shall not commit adultery.
7. You shall not steal.
8. You shall not bear false witness against your neighbor.
9. You shall not covet your neighbor's wife.
10. You shall not covet your neighbor's goods.

## The Great Commandment

You shall love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength.

You shall love your neighbor as yourself.

# Confirmation Guide

## Precepts of the Church

1. Assist at Mass on Sundays and holy days of obligation, doing no unnecessary physical work on those days.
2. Confess serious sins at least once a year.
3. Receive Holy Communion frequently and, at a minimum, during the Easter season.
4. Fast and abstain on days appointed.
5. Contribute to the support of the church.

*The following items students should have knowledge of but not necessary to memorize.*

## Joyful Mysteries

- (Mondays, Saturdays, and Sundays in Advent)
- The Annunciation (Lk 1:30-33)
- The Visitation (Lk 1:50-53)
- The Birth of Our Lord (Lk 2: 10-11)
- Presentation of Jesus in the Temple (Lk 2:29-32)
- The Finding of Jesus in the Temple (Lk 2:48-52)

## Sorrowful Mysteries

- (Tuesdays, Fridays, and Sundays in Lent)
- The Agony of Jesus in the Garden (Mt 26:38-39)
- The Scourging at the Pillar (Jn 19:1)
- The Crowning of Thorns (Mk 15:16-17)
- The Carrying of the Cross (Jn 19:17)
- The Crucifixion (Jn 19:28-30)

## Glorious Mysteries

- (Wednesdays, Sundays)
- The Resurrection of Jesus (Mk 16:6-8)
- The Ascension of Jesus into heaven (Acts 1:10-11)
- The Descent of the Holy Spirit on the Apostles (Pentecost) (Acts 2:1-4)
- The Assumption of Mary into heaven
- The Crowning of Mary as Queen of Heaven

## Luminous Mysteries

- (Thursdays)
- The Baptism of the Lord (Mk 1:9-11, Mt 3:13-17, Lk 3:21-22)
- The Wedding at Cana (Jn 2:1-12)
- The Proclamation of the Kingdom (Mk 1:14-ff, Mt 4:12, Lk 4:24-ff, Jn 2:13)
- The Transfiguration (Mk 8:2-8, Mt 17:1-8, Lk 22:15-20)
- The Last Supper and Institution of the Eucharist (Mk 15:16-17, Mt 26:29, Lk 22:15-20)

