## ToB Retreat: July 23-24

July 23 8:15 until 8:15 pm July 24 8:15 until 4:15 pm

Speakers:

Ruth and Peter (TOB as a couple, dating, etc)

Dr. Robin (trusting the Church, the pill being unhealthy, the work of the st. gianna guild)

Jim Vandehey for the guys (catholic manhood)

Kristin Bird for the girls (catholic womanhood)

Corrie Christiaansen and Zach Luloof (language of the body/ballroom dance)

TBA for Day 2 women's time (modesty, treating men as brothers in Christ) (Maria?)

TBA for Day 2 men's time (mental purity, treating women as sisters in Christ (Jeff?)

Vocations Panel (Fr. Andy, Dcn George, Sister Julie Anne, Drew & Laura Mulloy?)

Main teaching by me/using some of the ToB for Teens video clips and some of the Freedom to Love (Christopher West Young Adult series) clips

#### Day 1: Foundation

- 1) in the beginning: who we are and who we were meant to be in God's image
- 2) the fall and its consequences
- 3) man and woman and the divine plan (guy and girls separate for speakers, then switch)
- 4) Christian life is about service, although that call manifests in different ways
- 5) human dignity and the language of the body (Corrie/zach with ballroom dance demo?)
- 6) sacredness of sex: FTFF
- 7) video/community time (To Save a Life OR October Baby)

# Day 2: The Tough Stuff

- 1) review FTFF/what is the purpose of sex? What happens when that purpose is disrupted? The sex/marriage/babies triangle, (watching the Economics of Sex video)
- 2) Lies They Told me: porn and contraception (and then separate guy and girl time)
- 3) Gay "marriage" (watching The Third Way documentary)
- 4) Vocations panel (?)
- 5) Christian life is about service: going forth for mission

# Specifics: Day 1:

8:15 to 8:30 breakfast and morning prayer

8:30 introduction and presentation 1 (human dignity/Imago Dei/become who you are)

9:15 journaling break

9:15 to 9:45 the fall and its consequences

9:45 to 10:00 wiggle room and possibly journal time

10:00 Ruth and Peter

10:45/ish til 11:00 journaling about Amber and Mitch's talk

11:00 to 11:45 hope and redemption in Christ, new creations

11:45 to 12:00 break while we set up for lunch

12:00 to 12:45 angelus, meal prayer, and lunch (Kristin and Jim invited to eat with the kids)

12:45 to 1:00 introduce the speakers, main idea

1:00 to 1:30 round 1 (Jim with guys, Kristin with girls)

1:30 to 2:00 round 2 (Jim with girls, Kristin with guys)

Journal and break til 2:30

2:30 until 3:00 Christiam life is about service/gift of self poured out in love for others

3:00 divine mercy chaplet

3:15 truth and freedom

4:00 language of the body and ballroom dance demo! Until 5:00

5:00 Free, Total, Faithful, Fruitful: the connection to Christ's sacrifice

5:45 Pizza arrives, start movie

closing prayer at 8:10

## Day 2:

8:15 to 8:30 breakfast and morning prayer

8:30 introduction and review of yesterday

8:45 until 9:15 FTFF review, introducing FTFF as a litmus test

9:15 messing with the divine plan: what corrupts FTFF? How does removing one element of the babies/sex/marriage triangle cause issues? What are some of the different offenses against chastity?

(Premarital sex, living together, masturbation, contraception, gay marriage, abortion, divorce, cheating, immodesty, etc)

9:45 to 10:00 journaling and prep questions for Dr. Robin

10:00 Dr. Robin until 10:45ish

10:45 break

10:55 Lies they told me, part 1: watch Economics of Sex and discuss the lies and effects of contraception on the culture and especially women.

11:15 Lies they told me, part 2: watch testimony of porn addiction and discuss the lies and effects of porn on the culture and especially marriages

11:30 to 12:00 separate guy and girl time (focusing on modesty for girls, focusing on pure minds/hearts for guys)

12:00 angelus, meal prayer and lunch til 12:45

12:45 to 1:45 The Truth with Love: the church and gay "marriage" (watch the third way, discuss)

1:45 journal break til 2:00

2:00 vocations intro (clips (Imagine Sisters, The Calling)

2:20 to 3:00 vocations panel (Father Andy, Deacon George, Sister Julie Anne, Drew and Laura?)

3:00 Divine Mercy chaplet

3:15 empowered for mission, introduce faith statement reflections

3:30 to 4:00 write reflections

4:00 to 4:15 prayer service/closing