**Immaculate Conception Parish**

**Eucharistic Adoration for Middle/High School**

Sue Meyer - Coordinator of Faith Formation & Youth Ministry 10/14/15

Tonight we gather for worship, praise and adoration. Some of you worry about being judged, so you didn’t really participate fully. Tonight I want you to forget about what people think and just be with Jesus as if you were the only one in the room. If you want to sing, do it. It doesn’t matter what your voice is like, God gave it to you and he wants to hear it. Songs are a type of prayer, let’s let God know we adore him. If you want to dance in the pews, by all means that is why we are here! We are who we are for a reason and all of you are amazing young people. I want you to participate fully and let the Holy Spirit fill this Church to over-flowing!

What is Adoration? Father Schuster talked about it last year, remember what he said, “It is alone time with Jesus in prayer”.

Prayer is friendship with Jesus and adoration is spending time in his presence. To make our relationship with Jesus successful, we need to spend time in prayer every day.

All of you have best friends that you hang out with, right? If you only talked to them once in a while, how long do you think they would still be your friend? Relationships are work, they need to be nurtured and taken care of. The same is true for our relationship with Jesus.

If you only spent a few minutes with your best friend in a year, do you think they would feel like they were a priority in your life, and that they were your best friend or that you even care about them anymore?

What in your life do you need to say yes to in order to make more room for Christ? What in your life do you need to say no to in order to make more room for Christ? Think about it, start with something small.

Tonight, we are going to spend time working on our relationship with Jesus and we are going to spend time in his presence. I hope that all of you participate fully tonight and that you would know that you are in God’s house and we have left all judgement on the other side of that door.

Let’s pray:

In the name of the Father and the Son and the Holy Spirit

Dear Heavenly Father, we ask that you send the Holy Spirit to fill this Church tonight with his presence. We ask that You open everyone’s hearts and minds to You and that You would fill us with your peace. Tonight is about You and we give this evening and all its glory to You Lord. We pray in Jesus’ name. Amen.

The Father and the Son and the Holy Spirit!

Let’s get started.