**A “Handy” Way to Remember**

Trace your hand below. Write “**Sacrament of Reconciliation**” on the palm of the hand, then on each finger write one of these five rituals that help us celebrate the sacrament of reconciliation:

1) **Examine your conscience** 2) **Be sorry for sins** 3) **Plan to do better** 4) **Confess your sins** 5) **Do Penance**

Afterward, cut out the hand and place it somewhere in your home where your child will see it and be reminded of the five steps.

Parents: You may even want to mount your child’s cut-out on colored construction paper with his or her name on it and the year to look back on when your child is grown.